

Homily  
The Solemnity of the Most Sacred Heart of Jesus  
June 16, 2023

Over one hundred Eucharistic miracles have been catalogued, verified and venerated since the time of Christ. Eucharistic miracles often manifest as human flesh and blood.

In one of these remarkable occurrences, according to the magazine *Miłujcie się!* (mewl-ew-chi-che), a Polish publication which means Love Each Other, stated, “On October 5, 1999...” a sample of one of these Eucharistic miracles was sent “...to New York for analysis.” A “...well-known cardiologist and forensic pathologist ... determined that the analyzed substance was real flesh and blood containing human DNA...” and testified that “...the analyzed material is a fragment of the heart muscle ... responsible for the contraction of the heart.” Specifically, “...the left cardiac ventricle (which) pumps blood to all parts of the body...” and was “...in an inflammatory condition and contains a large number of white blood cells. This indicates that the heart was alive at the time the sample was taken.” The scientist continues, “It is my contention that the heart was alive, since white blood cells die outside a living organism. They require a living organism to sustain them. Thus, their presence indicates that the heart was alive when the sample was taken. What is more, these white blood cells had penetrated the tissue, which further indicates that the heart had been under severe stress, as if the owner had been beaten severely about the chest.”

Jesus is alive. He lives in the tabernacle. He lives at the words of consecration. He lives in us as we receive Him. He lives through us as we are dismissed and spread His Good News throughout the world.

Jesus commands us to, “Come to me, all you who labor and are burdened, and I will give you rest.” We are comforted by Christ Who lives in us, Who sustains us with His very Body and Blood, Whose very Heart pumps for us.

Life is hard, with its struggles and challenges. We strive to live in this world that is our pilgrimage to a better place. We keep our focus on our Lord and Savior. And we take solace in the Sacred Heart of Jesus, our sustenance, our comfort, our strength. “For my yoke is easy, and my burden light.”